

Service Times

Sunday School 9am Sunday Worship 10:30am Wednesday 7pm

CORNERSTONE

CHURCH

cornerstonechurch.cc

Welcome to Cornerstone Church

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Visitors:
have not done so previously, please fill out
page, tear it off, and bring it to the Infor- on Table. We have a free gift for you.

Neek of

November 15, 2015

Shoe Box Christmas Collection Week
November 15 - 23 in the <u>Event Center</u>



Please continue to pray for strength and health for Pastor Stan and Michelle as they are traveling to Myanmar, Thailand and India. This trip involves 10 flights plus ground travel and a 12 – 15 hour time change, depending on location. Pastor Stan will be speaking multiple times at two different leadership conferences. Their itinerary is:

Nov 6 **Leave Kansas City** Nov 7 Arrive in Bangkok (via Chicago and Tokyo) Nov 9 **Arrive in Yangon Nov 13 Arrive in Bangkok Nov 14** Arrive in Delhi **Nov 15** Arrive in Visakhapatnam **Nov 19 Arrive in Mumbai Arrive in Kansas City (via Newark)** Nov 20

Sunday, November 29, Laura Cooke and Let There Be Hope will again be with us for a Christmas worship concert!



Help Needed!!

<u>TinyTown and Nursery</u>: Sundays and Wednesdays. See Laura Bailey or Kortney Mayne to help!

<u>Information Desk</u>: 1st, 4th and 5th Sundays. Contact Linda Rumery at 573-823-6465 to help!

<u>Decorating for Christmas:</u> Michelle will be decorating the church for Christmas on Monday, November 23, @ 9 AM. Both men and women are needed.

Food Pantry Schedule

Prep: TODAY, at 1:30 PM

Distribution: Thursday, November 19, from 2:00 - 5:30

HUGE Thank You to Julie Kline and Brenda Ponting for using their sewing skills to make the costumes for the KidsTown Christmas Program. You are greatly appreciate!



Download the App TODAY!!
Search for Cornerstone Church MO
(iOS and Android) and allow notifications
for announcements and updates about
Cornerstone Church Events!!





Verse of the Week



I will strengthen you and help you.

Isaiah 41:10b



Practicing Christmas Play

Science is validating what people have faith have always known about prayer. Recent studies conducted by Dr. Andrew Newberg, Professor and Director of Research at Thomas Jefferson University and Hospital, have given us new insight into how prayer effects our lives.

While neuroscience cannot answer the question of the existence of God, it can show us the physical effect that belief and prayer have on our mind and our body.

Newberg's studies have shown us that people who practice daily prayer and meditation on a good and loving God experience lower blood pressure, lower heart rates, decreased anxiety, and decreased levels of depression.

People who don't practice daily prayer and meditation on a good and loving God are more likely to respond to difficult and stressful situations with anger and fear, while those who do are more likely to respond to difficult situations with compassion.

Stan Saunders Lead Pastor 752-7634
Michelle Saunders Lead Pastor 752-8066
Chad Mayne Creative Arts Pastor 247-1913
Kortney Mayne Children's Pastor 752-6075
Morgan Saunders Youth Pastor 815-5373



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