

Write the Visions - Goal Setting

Habakkuk 2:2-3

- A vision is simply a picture of the future
- Faith in God allows me to see beyond my eyes. **1 Corinthians 2:9-10**
- **Proverbs 8:17**
- Writing goals affects the brain in unique ways.
- The right hemisphere of the brain is the imaginative side, while the left is the literal side. If you only think about your goals, you're only using the imaginative side. With the two sides working together on the goal you've focus upon, you bring your whole body in on it.
- Writing down your goals forces you to hold yourself more accountable and demands results.
 - It will force you to clarify what you want. Imagine setting out on a trip with no particular destination in mind. How do you pack? What roads do you take?
 - It motivates you to take actions.
 - It provides a filter for other opportunities. Every dream, intention or goal encounter resistance. When you focus on get attention - positive or negative.
 - It helps you see and celebrate your progress.

Process of Writing Goals

- Develop Goals for a balanced life
 - Personal (spiritual, health, financial)
 - Family
 - Occupational
- Write your goals in as much detail as possible
- Write positive statement, not negative ones
- Make sure your goals stretch you.
 - **Isaiah 54:2-3**
 - If you are not growing, you are dying.
- Keep your goals before your eyes - **Proverbs 4:20-23**
- Seek to be a blessing, not to be successful