Praise Life

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Your Praise Life is a good indicator of your spiritual condition.

Praise = confessions of adoration, blessing & thankfulness; boasting of what God has done, is doing & will do

Hebrews 13:15

7 Hebrew Words for Praise

- Yadah stretch out hands in praise
- Towdah thanksgiving
- Barak praise while kneeling; silent praise
- Zamar to touch the strings of an instrument; praise while playing instruments
- Shabach to shout praises
- Halal celebrate, to boast, to shine, to make a show, emotional display

Nothing great has ever been accomplished until someone became emotional!

Tehillah - singing a victorious song of praise

There is a priority in praise to singing over dancing, shouting & clapping. To follow Christ is to believe in one's heart and to confess that belief with the mouth.

Voltaire said, "Let me control the music of the people and I will control the people."

Rome feared Luther's songs more than his sermons.

Praise is the highest form of prayer.

- We are not asking for anything
- Fellowshipping with God
- Putting God first

Worship

- Total surrender to God
- Totally yielding to God and His will
- To withhold nothing from Him
- Bow down before Him with our forehead touching the ground
- Worship is not reserved to church services (work, home, giving, rest & recreation)

Psalm 100 - Praise is the way into God's presence

Discussion Guide

Primary Text: Hebrews13:15

Hebrews 13:15 states, "Through Jesus, therefore, let us continually offer to God a sacrifice of praise--the fruit of lips that openly profess his name. Your Praise Life is a good indicator of your spiritual condition. Praise is confessing and adoring, blessing and thanking; boasting of what God has done, is doing and will always do. Praise is the highest form of prayer. When we praise we are not asking anything of God, but rather, we are reflecting and acknowledging all that He has already done in our life. It creates a spirit of thankfulness within us. When we worship we totally yield to God and His will.

Questions:

- How can worship happen outside of a church service?
- Do you notice a difference in the lives of people that live a life full of praise?
- Why is confession such an important part of praise and worship?