Discussion Guide

What are You Wearing?

Ephesians 6:10-17

- Is it hard for you to fight something you cannot see?
- Do you even see yourself in a battle?

John 10:10 The Thief does not come except to steal, kill and destroy.

- No robber ever robbed and empty house! If he is trying to rob you it is because you have something he wants.
- What is it you have that the Devil is trying to steal from you?

Belt of truth (v.14)

Breastplate of righteousness (v.14)

• Righteousness is a relative position. In other words it has to do with how you relate to another person. Especially a superior. God should be our comparison, not other people.

Romans 10:1-3

• Do you compare yourself to others when it comes to righteousness?

Gospel of Peace (v. 15)

• The Gospel Message – Jesus Saves – Is what gives us traction

Shield of faith (v. 16)

Helmet of Salvation

- James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.
- In this battle you cannot let your emotions get the best of you.
- Stop listening to what you feel, and go with what you know!!

Sword of the Spirit (v. 17)

- This is the only offensive weapon in the picture. Even as Jesus used the Word to defeat Satan in the wilderness, we can stand on "it is written," and repel the attack of Satan.
- Do you use God's word as an offensive weapon?
- Are there times in your life where God's armor has protected you?