

Disciplined Prayer Life

1 Timothy 4:7, "discipline yourself for the purpose of godliness."

What is your initial response to the word "discipline?"

- What causes a negative response to discipline?
- How ay discipline be viewed positively?

Below are some ways we can become more disciplined in your prayer life:

- Choose a specific place to pray away from distractions.
- Pray out loud sometimes.
- Speak to God frequently throughout your day.
- Keep a prayer journal.
- Get up at least 30 minutes earlier to pray.
- Treat your children as your most important ministry and pray with them often.
- Pray with your spouse daily.

Luke 10:38-42

- What distractions keep you away from personal time spent in prayer with Jesus?
- How may prayer become a time saver?